

ROADMAP COLLEGE PARTICIPANT AGENDA

WEBINAR #3 | Thursday, July 14
Develop Knowledge, Know-How, and Confidence, part 1

TIME ZONES				SESSIONS
ET	CT	MT	PT	
3:00 PM	2:00 PM	1:00 PM	12:00 PM	WELCOME & CURRENT STATE <i>Abby Zier Alyesh</i>
3:05 PM	2:05 PM	1:05 PM	12:05 PM	RESOURCE LIST RECAP <i>Abby Zier Alyesh & Carole Lannon</i>
3:15 PM	2:15 PM	1:15 PM	12:15 PM	OVERVIEW OF DEVELOPING KNOWLEDGE, KNOW-HOW, AND CONFIDENCE <i>Carole Lannon</i>
3:20 PM	2:20 PM	1:20 PM	12:20 PM	STARTING DISCUSSIONS & SUPPORTING NEXT STEPS LEARN THE NORMALIZE + ASK + PAUSE + CONNECT TECHNIQUE FOR STARTING DISCUSSIONS ABOUT EMOTIONAL HEALTH Q&A <i>Erica Sood</i> HOW TO DISCUSS THERAPY WITH PATIENTS & FAMILIES Q&A <i>Melissa Cousino</i> DISCUSSION
3:55 PM	2:55 PM	1:55 PM	12:55 PM	NEXT STEPS <i>Abby Zier Alyesh</i>

Access webinar details, resources, pre-work and more on the Roadmap College participant webpage: roadmapforemotionalhealth.org/roadmapcollegeparticipant
 Password: roadmapforcards

THIS SCHEDULE IS SUBJECT TO CHANGE

PRE-READING AND VIDEOS

- Use guides: Talking about Emotional Health: [Example Conversations](#)
- Video (optional): [How to Feel Comfortable Starting Discussions about Emotional Health](#)

PARTICIPANTS WILL BE ABLE TO

1. Understand how to initiate discussions about emotional health with patients and their families.
2. Be familiar with the normalize-ask-pause-connect technique for initiating emotional health discussions.
3. Understand ways to make connections to appropriate support for patients and families who identify emotional health needs.