

ROADMAP COLLEGE PARTICIPANT AGENDA

WEBINAR #4 | Thursday, August 11
Develop Knowledge, Know-How, and Confidence, part 2

TIME ZONES				SESSIONS
ET	CT	MT	PT	
3:00 PM	2:00 PM	1:00 PM	12:00 PM	WELCOME & CURRENT STATE <i>Abby Zier Alyesh</i>
3:05 PM	2:05 PM	1:05 PM	12:05 PM	RECAP OF DEVELOPING KNOWLEDGE, KNOW-HOW & CONFIDENCE, PART 1 <i>Carole Lannon</i>
3:15 PM	2:15 PM	1:15 PM	12:15 PM	“YOU DON’T HAVE TO BE A MENTAL HEALTH PROFESSIONAL TO MAKE A DIFFERENCE” <i>Adrienne Kovacs</i>
3:45 PM	2:45 PM	1:45 PM	12:45 PM	LEARNING FROM DATA <i>Abby Zier Alyesh, Carole Lannon, Adrienne Kovacs</i>
3:55 PM	2:55 PM	1:55 PM	12:55 PM	NEXT STEPS

Access webinar details, resources, pre-work and more on the Roadmap College participant webpage: roadmapforemotionalhealth.org/roadmapcollegeparticipant
 Password: roadmapforcards

THIS SCHEDULE IS SUBJECT TO CHANGE

PRE-READING AND VIDEOS

- Use guides: Talking about Emotional Health: [Example Conversations](#)
- [AHA Scientific Statement](#): Psychological Outcomes and Interventions for Individuals with Congenital Heart Disease: A Scientific Statement from the American Heart Association
- [Neurocognitive and psychosocial outcomes in adult congenital heart disease](#): a lifespan approach

PARTICIPANTS WILL BE ABLE TO

1. Understand how to support adolescents and young adults with chronic conditions navigate emotional health concerns.
2. Understand ways to initiate strengths-based discussions to provide appropriate support for patients and families who identify emotional health needs.
3. Understand the role sub-specialty providers play in supporting patients’ and families’ emotional health needs.